

BULLETIN



WORLD  
SKATE

# INLINE ALPINE INTERNATIONAL SEMINAR 2020

ISTANBUL - TURKEY

FROM 11 TO 14 February 2020



## WORLD SKATE INLINE ALPINE INTERNATIONAL SEMINAR

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We are glad to announce the first World Skate Inline Alpine Skating International Seminar for Coaches. During the course important and innovative topics will be discussed, to improve and broaden the knowledge of Coaches. Future perspectives of our sport will also be discussed.

All the national Coaches will have the chance to get the international level in order to participate and work in all the World Skate Inline alpine Skating International competitions.

### LOCATION

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The International Inline Alpine Seminar will take place in Istanbul is a major city in Turkey that straddles Europe and Asia across the Bosphorus Strait. Its Old City reflects cultural influences of the many empires that once ruled here. In the Sultanahmet district, the open-air, Roman-era Hippodrome was for centuries the site of chariot races, and Egyptian obelisks also remain. The iconic Byzantine Hagia Sophia features a soaring 6th-century dome and rare Christian mosaics.

### ACCOMMODATION

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The seminar will take place at the Tryp by Wyndham İstanbul Hotel (5 stars), which is located in Eyup sultanmah.kizilay cad.no:25 sancaktepe/istanbul.

The first and only five-star hotel in the Sancaktepe district, Tryp by Wyndham İstanbul Sancaktepe offers easy access to Sabiha Gokcen International Airport, as well as its new location in İstanbul's new merkeznans center, close to Atasehir, Umraniye and Kartal. advantage. It is 2 minutes away from the North Ring Road and the Tem Motorway.

Tryp by Wyndham İstanbul Sancaktepe offers 5 star service with 141 rooms, 4 meeting rooms, functional ballroom, fitness and spa center.

- Sabiha Gökçen Airport 12 km
- Viaport Shopping Center 10 km
- Ataşehir International Finance Center 8 km
- Ümraniye Bazaar 10 km
- Kartal Beach 11 km
- Pendik Ferry Port 15 km
- Pendik Marina 15 km

## PROVISIONAL PROGRAM

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February 11: arrival and accreditation

February 12: classes 9:30-12:30 and 14:45- 18:30

February 13: practical classes 9:30 - 12:30 and Certificate Ceremony 18:45- 20:30

February 14: departure

Welcome Ceremony :

Mr. Masih Amin khah: Secretary General of the seminar

Mr.Sigi Zistler: Chairman RAD Technical Commission and Chairman of the seminar

• Themes:

for example:

• Training Methodology

• Communication Skills and Motivation

• Inline Alpine Skating: the future of the facilities

• sport injury and corrective exercises for performance and injuries prevention ( For this theme I suggest someone who can help us well.Below is his resume )

Mr.Abolfazl Majidi

M.A of sport injury and corrective exercises

PhD. Sport physiology

Physical education and sport sciences teacher

4th place of world masters marathon

Researcher at sport sciences

Author of rooming in skating book

In charge of Iran talents identifications committee

Iran national team head coach

Management board of international sport events , mostly in Turkey

Selective Participant of international speed skating seminars

Languages : Persian - Azari - English - Turkish

## ENTRY FEES

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The entry fee includes:

3 nights starting with dinner on Feb 11th ending with breakfast on Feb 14th. Breakfast and lunch and dinner will be served at the hotel where you are .

The entry fee includes:

- 3 nights with breakfast included from Feb 11 to Feb 14 and - lunch included from Feb 12 to Feb 13 - dinner included from Feb 12 to Feb 13 .
- Hotel taxes
- Participation to the Seminar
- Teaching materials
- Translation service (English/Torkish)
- Certificate of participation
- Stadium for training skate
- transportation from hotel to Stadium
- coffee and tea service during the seminar

Tryp by Wyndham Istanbul Taksim (5\*)

Fees per person:

Single Room: 349 EUR

Twin Room: 278 EUR

Triple Room: 240 EUR (subject to hotel availability)

Only Seminar: 160 EUR (2 lunch and 1dinner included)