

# **REGLEMENT / RULES INLINE DANCE SOLO**

# I- CONTENU / CONTENT

### **ESPOIR / ESPOIR**

- One (1) style dance of 2:10 minutes +/- 10 seconds. <u>Rhythms :</u> Classic Medley

Set elements that must be included in style dance are :

- Pattern dance sequence « Skater March»
- Footwork sequence, maximun level 2, maximum 30sec
- One (1) Choreographic sequence

### CADET / CADET

- One (1) style dance of 2:10 minutes +/- 10 seconds. <u>Rhythms :</u> Spanish Medley

Set elements that must be included in style dance are :

- Pattern dance sequence « Siesta Tango »
- Footwork sequence, maximun level 3, maximum 30sec
- One (1) Travelling sequence, maximum level 2
- One (1) Choreographic sequence

#### JEUNESSE / YOUTH

- One (1) style dance of 2:30 minutes +/- 10 seconds. <u>Rhythms :</u> Classic Medley

Set elements that must be included in style dance are :

- Pattern dance sequence « Kilian »
- Footwork sequence, maximun level 4, maximum 40sec
- One (1) Travelling sequence, maximum level 3
- One (1) Choreographic sequence

#### JUNIOR / JUNIOR

- One (1) style dance of 2:40 minutes +/- 10 seconds. <u>Rhythms :</u> Spanish Medley

Set elements that must be included in style dance are :

- Pattern dance sequence « Paso Doble »
- Footwork sequence, maximun level 4, maximum 40sec
- One (1) Travelling sequence
- One (1) Cluster sequence

- One (1) style dance of 2:50 minutes +/- 10 seconds.

Set elements that must be included in free dance are :

- Footwork sequence, maximum 40secondes
- Artistic footwork sequence, maximum 40secondes
- One (1) Travelling sequence
- One (1) Choreographic sequence

#### **SENIOR / SENIOR**

- One (1) style dance of 2:40 minutes +/- 10 seconds. <u>Rhythms :</u> Classic Medley

Set elements that must be included in style dance are :

- Pattern dance sequence « Viennoise Waltz »
- Footwork sequence, maximun level 4, maximum 40sec
- One (1) Travelling sequence
- One (1) Cluster sequence
- One (1) style dance of 2:50 minutes +/- 10 seconds.

#### Set elements that must be included in free dance are :

- Footwork sequence, maximum 40secondes
- Artistic footwork sequence, maximum 40secondes
- One (1) Travelling sequence
- One (1) Choreographic sequence

### **II- ELEMENTS TECHNIQUES / TECHNICAL ELEMENTS**

For technical elements refers to the world Skate regulation solo dance

# **III- LIMITES / LIMITATIONS**

For limitations refers to the world regulation Skate solo dance

# <u>IV- QOE / QOE</u>

For QOE refers to the world regulation Skate solo dance

### V- COMPONENTS ARTISTIQUE / ARTISTIC COMPONENTS

For artistic components refers to the world regulation Skate solo dance

# VI- PENALITE / PENALIZATIONS

For penalizations refers to the world regulation Skate solo dance